

HOPE AND ENCOURAGEMENT BEARS

It is important to make sure the yarn is wool or acrylic, **not** mohair or angora, and the stuffing is appropriate. Use a non-allergenic filling.

The pattern is simple and can be done in either garter (plain knit) or stocking (knit 1 row, purl 1 row).

Happy knitting.

Materials:

Any 8 ply yarn – wool or acrylic
colour A for teddy (feet and head)
colour B for pants
colour C for shirt
dark brown or black yarn for facial features.

Use No 9 or 10 needles or metric size needles 3¾ or 3¼

METHOD:

FRONT: Knit in one piece

Leg and Pants:

Leg 1:

Cast on 12 stitches Colour A. Knit 34 rows.

Change colour B for pants. Knit 8 rows. Leave stitches on needle.

Leg 2: Same as leg 1.

Join legs by knitting across both legs. Knit 14 rows (this finishes the pants).

Variations: Vary the basic teddy by adding stripes to the pants or shirt, sew on a motif afterwards, or knit the last 4 rows of the trousers in another colour to make a belt.

You can also make the trousers long instead of short: Knit 6 or 8 rows in colour A for feet, then knit remaining rows up to a total of 44 in colour B for each leg of the trousers.

Upper Body, Shirt and Head: Change to colour C. Knit 18 rows.

Sleeves: Cast on 12 stitches at the beginning of the next 2 rows.

Knit 18 rows.

Next 2 rows: cast off 12 stitches (this forms the arms); 24 stitches remaining.

Head: Change to colour A. Knit 34 rows. Cast off.

BACK: Repeat the same procedure for the back of the teddy.

To Complete:

Sew on face with darker wool: eyes, nose, mouth.

Join up body, fill with filling

Gather around base of head to form the neck

Pinch the corners of head and sew to form ears.

